



friendship force

INTERNATIONAL

Welcome to the June New Zealand E-Flyer!

These exchanges are open to all Ambassadors and represent some of the many places that you can experience and grow your global circle of friends.

This month, we list the 2010 Exchanges. Details will be added as Clubs appoint ED's and they prepare their programme and costs. You will find a chart listing these 2010 opportunities at the end of this e-flyer.

If you are interested in any of the following exchanges, please contact the Exchange Director or Club directly.

***All prices and dates are subject to change.
Exchange costs are shown in the applicable currency.
If you wish to Opt Out of receiving this E-Flyer please email
Colin Ridge (colinjanet@clear.net.nz) with this information or
use the Opt Out option on the front page.***

North Bay, Ontario, Canada and Charlottesville, Virginia, USA.

8th – 29th September, 2009.

Cost: Approx \$4,500 (FFI Fees and internal fares & costs included, but not International Air Fares)

Contact : Jan Reid or Jeanette Foote (Kapiti Coast) janreid@paradise.net.nz or jeanette.ivan@clear.net.nz
04-902 1106 or 04-905 6178.

Our adventure begins in Toronto where we spend two days sightseeing including a visit to Niagara Falls. We then move by a picturesque 4 hour coach trip to our first seven day hosting at North Bay. This city of 53,000 people is known as the Gateway to the North and originally served as a transportation centre for water, rail, road and air, but is now better known as a manufacturing, business, education and technology centre. We will be visiting during beautiful autumn, and may well be treated to such sights as the heritage carousel, the miniature railway, go cruising on the historical Chief Commanda 11, dine at the Chief Commanda 1, and of course enjoy the local hospitality. On 18th September, we move to New York (the city that never sleeps) for three days of R & R, including the opportunity to



see a show. We travel by train to Charlottesville for our second seven days hosting. Charlottesville (Population 160,000) is steeped in history, and the town's beauty is reminiscent of the entire state of Virginia. The Blue Ridge Mountains provide a magnificent backdrop to the magnolia lined streets and fine examples of early American architecture, including Thomas Jefferson's former residence 'Monticello'. Nearby is the beautiful historical Shenandoah Valley. On 29th September, we come to the end of our adventure and it's on to other places or home.

USA Great Lakes Eco-Exchange

September 9th – 22nd 2009

Cost: \$470 USD (NZ members will need to find their own way there)

Contact Dave Kalan (Greater Milwaukee, USA) at davekalan@sbcglobal.net



Join ambassadors from around the world to experience the first environmentally-themed exchange where the focus is on nature, the environment and outdoor activities. The exchange will begin in Chicago, Illinois with a 4 night home stay and an environmental program ranging from green architecture in the city to organic farming in the countryside. The ambassadors will then transfer to Milwaukee, Wisconsin for a 6 night home stay. The mornings will be filled with interesting topics such as rehabilitating injured birds of prey, freshwater research, living an environmentally friendly lifestyle and teaching children about the environment. The afternoons will include outdoor activities: sailing, hiking, bird watching, canoeing and bluff climbing. For the final 3 night home stay, each ambassador will go to a different part of Wisconsin to enjoy a beautiful natural setting ranging from a rustic cabin in the woods to a year round home on a lake. The ambassadors may have opportunities to hike, fish or boat depending upon the setting.

Taichung and Kaohsiung, Taiwan

22nd September to 11th October 2009

Cost: Approx \$6,000 NZD (FF fees and Taichung tours included)

Contact : Jocelyn Terry (South Taranaki), terryjocal@xtra.co.nz 06-278 5799

We start with 3 nights in Bangkok, Thailand including a half day temples tour and a one day tour on the River Kwai. Then we fly to Taipei and catch a bus to our first six day hosting in Taichung, a city of over one million people with a culture that is new to most of us. While there, we will have two one day tours around the area and a two day trip to Sun Moon Lakes which involves an overnight hotel stay and party. Then it's on to six days hosting in Kaohsiung, a 17th century port city on the south west corner of the island with manufacturing and refining as it's base, and one where we will enjoy the local culture, where we will discover many aspects of the oldness of the area, where we may night ride a river boat on the Love river, and where we will see many places where great efforts have been made to turn the concrete jungle into landscaped parks and open spaces. Then it's on to Patong, Phuket for four nights of R&R before we return home with three weeks of wonderful memories!



Nashik, India, followed by 15 day tour of India

25th September to 18th October 2009

Cost: Approx \$5,765 (FF fees included, but not cost of International Flight or Visa Fees – note that flights are “Subject to availability and currency fluctuations”

Contact: David Callan (Whangarei), callan@igrin.co.nz 09-436 1190.



One day acclimatisation stopover in Mumbai and an optional city tour OR you may wish to make your way independently and meet us there. Then it's a 170km journey by train for one weeks hosting in Nashik which is a City of 834,000 people and 200 temples with picturesque bathing ghats, and stands on the Godavari river which is one of the holiest rivers of the Deccan. We then return to Mumbai by train for one night, and then embark on a 15 day Tour of India taking in the Golden Triangle, (Taj Mahal, Jaipur, Amritstar), the changing of the guard between India & Pakistan, a boat trip on the Ganges at dawn to see the ghats, a camel ride, plus a trip to see the Bengal Tigers and much much more. India is fascinating, invigorating, crazy and exhausting all at once! Come and join us and enjoy.

Santo Angelo, Greater Sao Paolo and Salvador, Brazil

September 24th to 23rd October 2009

Cost: Approx \$6,700 NZD (FF fees included, but not side trips)

Contact: Don Barnes (Western BOP), dbarnes@clear.net.nz 07-549 0585



Our exchange departs Auckland 24 September for Santiago and then Buenos Aires where we stop for two nights allowing for a one day tour of the city. Then we fly to Porto Alegre and bus to our first hosting at Santo Angelo, a club we hosted in February 2007 so we look forward to renewing friendships. Santo Angelo was settled by Germans, Poles and Italians, and is primarily a farming region in the deep south of Brazil. We are likely to visit farms, a tannery, the university, a casting plant, and Jesuit ruins called "São Miguel". From October 3rd, we spend two days at the spectacular Iguacu Falls, then three days in exciting Rio De Janeiro. Then it's on to our hosting in Salvador, Brazil's first colonial capital now known as the 'capital of happiness'. This tourist mecca has tropical climate and is based round things navy, beaches, poetry and songs. And the Brazilians know how to

party. Then it's to our third hosting at Sao Paulo, another club we have hosted previously. This metropolis is the third largest city in the world and had it's beginnings in the coffee, then industrialization, and now tertiary and services. With it's variety of peoples and languages, and its greatness, expect the unexpected. After six days there, we depart for Auckland through Santiago.

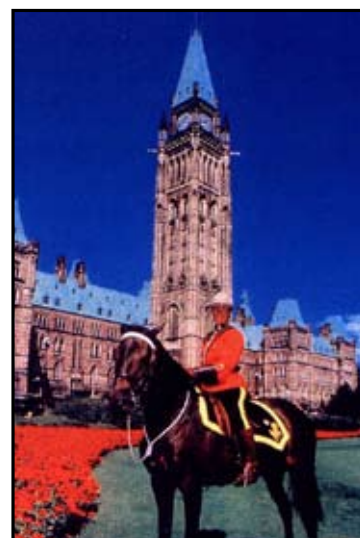
Canadian Capital, Canada, and Missoula and Napa Valley, USA

September 27th to October 24th 2009

Cost: \$5876.90 NZD (FF Fees approx \$1100 not included)

Contact: Robert Campbell (Manawatu), robert.campbell@xtra.co.nz 06-323 4601.

We depart for Vancouver arriving the same day for two night's stopover at the Pacific Palisades Hotel. We do a city tour (included) and optional tours to Victoria Is and the Butchart Gardens. Then we fly to Ottawa for a 7 day exchange with the Canadian Capital club. Whether we ride on the Rideau Canal, walk in beautiful Gatineau Park, shop at ByWard Market, visit the pomp at Parliament Hill, or do one of a myriad of other things, your stay will be memorable. On 6th Oct. we depart for Toronto and a two night stop over where there will be a chance to see the Niagara Falls and all their beauty. Then on to Missoula in Montana for our second hosting. Missoula is a sister city to Palmerston North and is often dubbed the Garden City for its mild winters relative to the rest of Montana. It is located in an old, glacial lakebed, which is now cut by Clark Fork River and where outdoor activities are prevalent. It's also a literate town; it's commonplace to chat with a local author about his or her latest book. (John Updike dubbed Missoula the "Paris of the 90's," a flattering but somewhat gross exaggeration). On 15th Oct. we move on to our third hosting at Napa-Sonoma Valley club, just North of San Francisco. And it's wine, wine, wine – lush rolling hills, colourful flowers, black oaks, and vineyards to die for. Then it will be time to depart for home or for other destinations that may take your fancy.



Vietnam and Cambodia

26th October to 10th November, 2009

Cost: Vietnam 13 days US\$981 + some expenses, Cambodia (optional) 4 days US\$637 (included are airfares Vietnam/Cambodia/Vietnam, but not airfares to Vietnam nor FFI fees US\$280)

Contact: Helen Kwong (Sunshine Coast, Australia) hbk@flexinet.com.au 61-7-5412 1639

There are no friendship Force clubs in Vietnam. The Vietnam-USA Friendship Society is organising this trip on behalf of FFI. We will be accompanied by a guide during our stay in their beautiful country. On arrival in Hanoi we will spend three nights of home-hosting and the rest of the visit in Vietnam we will stay in hotels. After 13 days in Vietnam, there is an optional tour of Cambodia for 4 days. Helen will send an itinerary to interested ambassadors.

More information will be provided as it becomes available.

2010 Outward Exchanges

<u>Date</u>	<u>Club</u>	<u>Exchange to</u>
March	Gisborne and Western Waikato	Hobart and Mount Barker, Australia
April	Taupo	Shizuoka and Fukuoka, Japan
April	New Plymouth	Sunshine Coast and Casterton, Australia
April	Wellington	Lamphun, Thailand and Yogyakarta, Indonesia
April	Horowhenua	Ribeirao Preto and Tere-Rio, Brazil
May	Hamilton and Auckland	Southern Sydney and Tamworth, Australia
May	Gisborne	Tokyo and Mie, Japan
May	South Taranaki	Baton Rouge, USA and Hertfordshire and Somerset, UK
May	Manawatu	Yamagata and Kyoto-Fukuchiyama, Japan
June	NZ Ramblers	Isle of Wight, UK
June	Marlborough	Long Island, USA and Niagara, Canada
June	Nelson	Charlestown, West Virginia and Connecticut, USA
July	Greater Dunedin and Southland	Metro Vancouver, Canada and Richmond, Virginia, USA
July	Christchurch	Minsk, Belarus; Zutphen, Netherlands and Santa Barbara, USA
August	Western BOP and Thames-Coromandel	Chicago and Greater Denver, USA
September	Howick	Varel, Germany; Greater Hamilton and Burlington, Canada and Sacramento, USA
September	Kapiti Coast and Wanganui	North Moreton and Central Coast, Australia and Malang, Indonesia
November	Whangarei	Noumea, New Caledonia; Gold Coast and Melbourne, Australia
November	Christchurch	Kauai, USA